



Sherbourne High Support Application for Respite

Client,
Preferred Name and Pronoun: _____

Date of Birth: _____

Referrer Name, Agency and Contact Number: _____

Mental Health Diagnosis: _____

Substance Use - Description and Frequency: _____

Emergency Contact: _____

Goal of Stay: _____

Psychiatrist: _____

Family Doctor: _____

Community Support: _____

Community Support During Respite Stay: _____

Pharmacy: _____

Prior to Intake, how many days in Hospital (Admission) in the past 365 days _____

Prior to Intake, how many days in Hospital (ER Visits) in the past 365 days _____

Prior to Intake, how many days in Withdrawal Management in the past 365 days _____

Additional Information Relevant to Residential Care Including Overall Client Synopsis (behaviour concerns, current legal involvement, physical/medical, lifeskills, ADL's, mobility, Etc.) _____

Any concerns for client in a shared living residence (triggers/ substance use, short temperament, sharing of common areas including television/ telephone, problems with others of different race/sexual orientation, etc.):

To be completed by Sherbourne Coordinator:

Date for Respite Stay to Begin: _____

Discharge Date: _____

Please Note:

- Upon move in, the Referrer will be required to complete a Crisis Plan for the client.
- Should the respite client be away from Sherbourne High Support for more than 72 hours without a prior agreement as to the reason for the absence with the Coordinator, the Referrer will be responsible to gather any personal items and medication belonging to the client within 48 hours of such time.

Sherbourne High Support provides a morning snack and supper meal daily. The client is responsible for items needed for all other meals. A locked kitchen cupboard and access to a fridge is available. The client will receive assistance from an onsite PSW if necessary for their meal preparation, room clean and laundry.

Client Signature: _____

Date: _____

Referrer Signature: _____

Date: _____

Please fax the completed application to:

Ellie Kik, Program Coordinator
Sherbourne High Support
(P) 416-461-5629 ext 49 (F) 416-461-5927

Sherbourne High Support Guidelines for Respite Clients

1. You should expect to be treated respectfully by both staff and tenants while staying at Sherbourne High Support.
2. Aggressive behavior (verbal or physical) is not tolerated and will result in an automatic discharge.
3. All illegal activity is not permitted within the premises or on the property of Sherbourne High Support.
4. While at Sherbourne High Support, staff will store your medication in a locked cabinet in the office. Staff will administer at the times indicated and as prescribed by your Physician.
5. Smoking is prohibited anywhere in the premises including your respite unit bedroom and the front of the house, with the exception of the designated smoking area at the back.
6. During your respite you will not be allowed any visitors unless otherwise determined by the Sherbourne High Support Program Coordinator. Excluding your care network
7. You understand that you are on a respite stay at Sherbourne High Support and not a permanent tenant.
8. Your attendance at the scheduled tenant/client meetings is required.
9. All washroom facilities onsite are gender neutral.
10. You will be provided with a key for a locked kitchen cupboard and for the respite room you will be staying in. These keys must be returned when your respite stay is complete.
11. When accessing the kitchen area and bathrooms, you must ensure that you leave the space clean and tidy.
12. There is 24 hour access to a washing machine and dryer. Each appliance costs \$.50 per use.
13. Should you decide to stay within the Community for an overnight, you must inform onsite Sherbourne staff.
14. Meetings with an assigned Sherbourne Staff member and your Community Support Worker will occur weekly to review your goal of stay.
15. The length of stay will depend on review and success of your goal, up to 2 months.
16. You may at any time, end your respite stay with Sherbourne.
17. As your stay is limited, only bring the necessary hygiene products and personal belongings such as clothing, for a few days. Coin laundry machines are on site.
18. There are no storage facilities here at SHS. Therefore, items such as bicycles/ebikes, etc are not permitted. **Mobility Devices Excluded.**
19. LOFT/Sherbourne High Support is not responsible for lost or stolen items.

Referral Source –

- The referrer will accompany you on the day you arrive to respite and remain during the time all forms are read and signed (consent).
- The referrer will ensure all clothing brought to Sherbourne High Support is washed prior to arrival.
- A discharge meeting involving your Community Support Worker, Sherbourne Coordinator or designate, will take place one week prior to leaving Sherbourne respite.

Please Note – Stabilization is not a reason for Respite. Unless geared toward a specific goal.